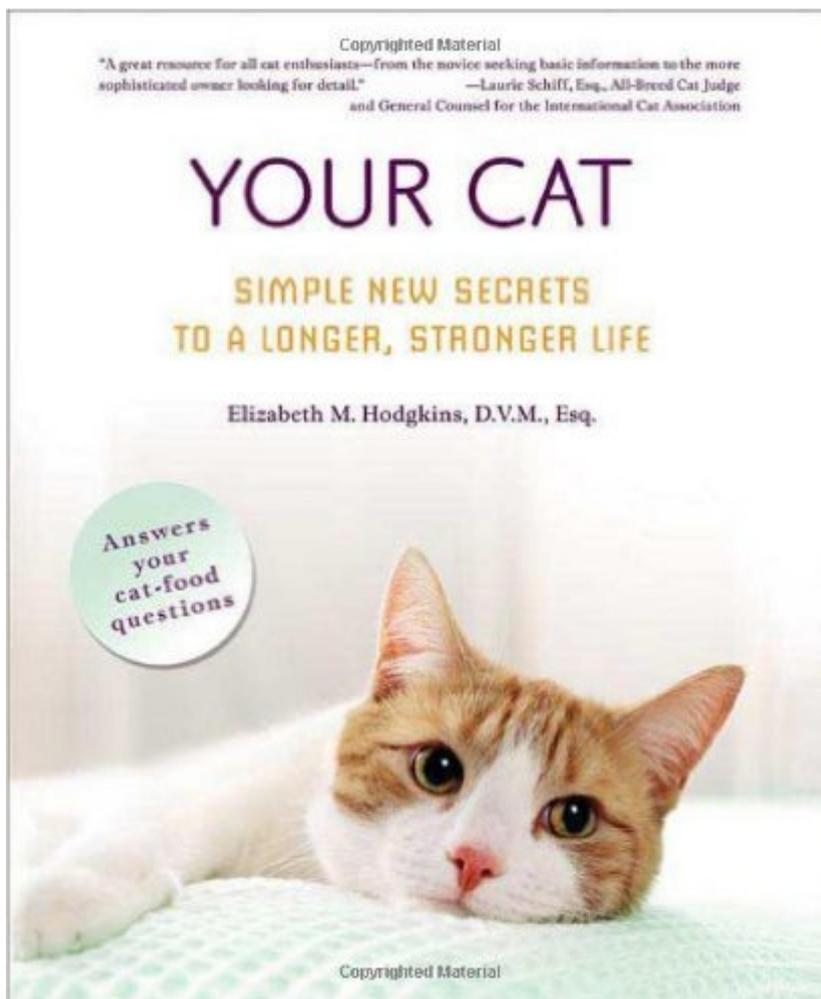


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# Your Cat: Simple New Secrets To A Longer, Stronger Life



## Synopsis

"Dr. Hodgkins's discussions are provocative, and disturbing, and the problems they identify will not be easy to rectify quickly. Nonetheless, they are long overdue." ---Alice Villalobos, president of the American Association of Human-Animal Bond Veterinarians and Director of the Animal Oncology Consultation Service, Woodland Hills (Torrance, CA) and Pawspice Care Clinic (Norwalk, CA) In this controversial new book, dedicated veterinarian Elizabeth M. Hodgkins, D.V.M., Esq., raises the alarm regarding the serious flaws in the commercial diets we feed our cats and the nutritional diseases that result. Your Cat turns today's conventional wisdom of cat care on its head with completely new yet remarkably easy-to-follow guidelines for every cat owner. Features include: The real problem with pet foods Parasites, vaccines, and litter-box training Obesity and feline diabetes Preventative nutrition for the older cat The ten great myths of cat care From kitten-rearing to the adult cat's middle years to caring for the geriatric cat, Dr. Hodgkins explores the full spectrum of proper cat care, as well as rampant deadly feline diseases like hyperthyroidism, asthma, skin allergies, and gum disease. She provides an explanation of the origin and thorough discussion of the very latest treatments. Illuminated by brief case histories from illness to health, this indispensable manual is one book that every modern cat owner must have on their shelf.

## Book Information

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## Customer Reviews

For so many years, it seemed that a lot of the sanity when it came to advice on how to properly care for, and especially FEED, a small cat, was only to be found in books published by non-vets. There are many great books out there with fabulous advice, but, sadly, many of them were never taken

seriously by the mainstream veterinary community because they were written by people who lacked the 'DVM' credential. Dr. Hodgkins' book has, thankfully, changed all that. As a lay person, I've spent years now running a website on cat nutrition and steadily beating a noisy drum to draw attention to the folly of feeding the carnivores we choose to live with foods that have no relationship to what Mother Nature intended. It's been fabulous having the support of so many people, but I've longed for -- for years -- to have a book out there by a real, live veterinarian that spoke the truth about the dangers of feeding dry food to cats and articulated precisely how it is that so very many feline diseases are entirely avoidable if we simply get the diet right. This book is a dream come true. Aside from the wonderful, easy-to-understand style with which Dr. Hodgkins writes, it's jam packed with answers to the questions that so many of us have sought for years. Personally, I'm especially thrilled with the emphasis throughout the book on nutrition, as that really is the brick and mortar of health for cats. It's been astonishing to me over the years to see veterinary clinics fill up with more and more patients and more and more oversized bags of meat-flavored cereal (i.e., prescription dry food), with no one sitting up and taking notice of the relationship. Dr. Hodgkins' book is an extraordinarily welcome breath of fresh air.

I am very sympathetic to the main thrust of the book, namely that cats should be fed a natural diet of raw meat rather than commercial (and certainly not dried) food. However, there is too much fluff and not enough detail to make this a book to recommend. The author refers to cats as 'it' throughout the text, as if they were inanimate objects: this really grates after a while. More seriously, she admits that she breeds kittens to make money. Nobody who cared about cats would breed more when millions are gassed each year in animal shelters. The lack of substance in this book is extraordinary for somebody claiming to be a vet. For example, she explains the dangers of vaccines containing adjuvants - but fails to mention which ones don't contain adjuvants, and why. She recommends annual booster shots but then says that they are not necessary. She devotes a whole chapter to FIV - but confuses cats who are shedding coronavirus with those who were simply exposed to the virus in the past and therefore have antibodies against it: this is essential for knowing if a new cat can be safely introduced to other cats. A competent veterinarian would know that a PCR test can determine if a cat is actually shedding the virus and would be able to give references for labs which can perform this test (there is one at the University of Zurich, for example, and another at the University of Glasgow). The book's central advice - that most diseases of cats are caused by the addition of grains in commercial cat food, has a lot of merit. However, in order to feed a cat a raw food diet one needs much more detail on the problems this can create if it's not done properly.

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